Learn to Innovate in IPROs

In Illinois Tech’s signature Interprofessional Projects (IPRO) Program, you’ll work with students from various majors to solve real-world problems. Recent IPROs with a behavioral health and wellness angle include:

- Applying mobile technology to enhance psychological research on depressive symptoms
- Social innovation for community wealth building
- Revitalizing an existing downtown through urban agriculture redevelopment
- Developing a plan to address a food desert in a Chicago neighborhood
STAND OUT.

Our graduates are far from ordinary. But we expect them to be extraordinary.

With a Behavioral Health and Wellness degree from Illinois Tech, you will be prepared to innovate and lead in a variety of fields where relevant skills, scientific thinking, and tech experience will give you an advantage. You’ll also be prepared to study in a wide range of graduate training programs at the master’s and doctoral levels, including health psychology/behavioral medicine, clinical psychology, counseling, rehabilitation psychology, social psychology, public health administration, public policy, social work, nursing, nutrition, epidemiology, and others.

Experience It:
Behavioral Health and Wellness at Illinois Tech

“I started as a biomedical engineering major, but I wanted a major that was tailored to me rather than trying to fit the mold of my major. Sustainability is my passion and where I know I can make the most change in the world, and the more classes I took in Behavioral Health and Wellness, the more I realized it’s where I wanted to be.

At Illinois Tech the professors aren’t conventional. They teach using state-of-the-art course materials, and share their research and experience. My specialization, Nutrition, has amazing professors. In all the classes my professors shared everything they were presenting at research conferences. It was great because I felt like I was part of something new.

Illinois Tech provides students a lot of opportunities to succeed—contests, special programs, research. One of my favorite things about Illinois Tech is the IPRO Program. In IPRO, my team worked with a local school to create a nutrition curriculum that involved incorporating cooking into the math classes. IPRO is an amazing program that gives you experience and exposure to different levels of management, and the opportunity to do real-time, real-world work. You’re not just writing papers about something—you’re doing it.

Attending Illinois Tech was the best decision of my life. I was able to make connections and build a network. The opportunities at Illinois Tech made it all worth it.

—Diana Cimino-Cordon (Behavioral Health and Wellness ’16)

Diana works as the coordinator for Greencorps Chicago, a youth program that promotes environmental stewardship of the city’s natural spaces by training and employing Chicago’s youth in horticulture, urban forestry, and bicycle safety and repair. During her senior year at Illinois Tech she interned for Pant Chicago, assisting the local nonprofit in aligning its youth education program to meet Next Generation Science Standards.

STAND OUT.

Our graduates are far from ordinary. But we expect them to be extraordinary.

With a Behavioral Health and Wellness degree from Illinois Tech, you will be prepared to innovate and lead in a variety of fields where relevant skills, scientific thinking, and tech experience will give you an advantage. You’ll also be prepared to study in a wide range of graduate training programs at the master’s and doctoral levels, including health psychology/behavioral medicine, clinical psychology, counseling, rehabilitation psychology, social psychology, public health administration, public policy, social work, nursing, nutrition, epidemiology, and others.

Experience It:
Behavioral Health and Wellness at Illinois Tech

“I started as a biomedical engineering major, but I wanted a major that was tailored to me rather than trying to fit the mold of my major. Sustainability is my passion and where I know I can make the most change in the world, and the more classes I took in Behavioral Health and Wellness, the more I realized it’s where I wanted to be.

At Illinois Tech the professors aren’t conventional. They teach using state-of-the-art course materials, and share their research and experience. My specialization, Nutrition, has amazing professors. In all the classes my professors shared everything they were presenting at research conferences. It was great because I felt like I was part of something new.

Illinois Tech provides students a lot of opportunities to succeed—contests, special programs, research. One of my favorite things about Illinois Tech is the IPRO Program. In IPRO, my team worked with a local school to create a nutrition curriculum that involved incorporating cooking into the math classes. IPRO is an amazing program that gives you experience and exposure to different levels of management, and the opportunity to do real-time, real-world work. You’re not just writing papers about something—you’re doing it.

Attending Illinois Tech was the best decision of my life. I was able to make connections and build a network. The opportunities at Illinois Tech made it all worth it.

—Diana Cimino-Cordon (Behavioral Health and Wellness ’16)

Diana works as the coordinator for Greencorps Chicago, a youth program that promotes environmental stewardship of the city’s natural spaces by training and employing Chicago’s youth in horticulture, urban forestry, and bicycle safety and repair. During her senior year at Illinois Tech she interned for Pant Chicago, assisting the local nonprofit in aligning its youth education program to meet Next Generation Science Standards.

STAND OUT.

Our graduates are far from ordinary. But we expect them to be extraordinary.

With a Behavioral Health and Wellness degree from Illinois Tech, you will be prepared to innovate and lead in a variety of fields where relevant skills, scientific thinking, and tech experience will give you an advantage. You’ll also be prepared to study in a wide range of graduate training programs at the master’s and doctoral levels, including health psychology/behavioral medicine, clinical psychology, counseling, rehabilitation psychology, social psychology, public health administration, public policy, social work, nursing, nutrition, epidemiology, and others.

Experience It:
Behavioral Health and Wellness at Illinois Tech

“I started as a biomedical engineering major, but I wanted a major that was tailored to me rather than trying to fit the mold of my major. Sustainability is my passion and where I know I can make the most change in the world, and the more classes I took in Behavioral Health and Wellness, the more I realized it’s where I wanted to be.

At Illinois Tech the professors aren’t conventional. They teach using state-of-the-art course materials, and share their research and experience. My specialization, Nutrition, has amazing professors. In all the classes my professors shared everything they were presenting at research conferences. It was great because I felt like I was part of something new.

Illinois Tech provides students a lot of opportunities to succeed—contests, special programs, research. One of my favorite things about Illinois Tech is the IPRO Program. In IPRO, my team worked with a local school to create a nutrition curriculum that involved incorporating cooking into the math classes. IPRO is an amazing program that gives you experience and exposure to different levels of management, and the opportunity to do real-time, real-world work. You’re not just writing papers about something—you’re doing it.

Attending Illinois Tech was the best decision of my life. I was able to make connections and build a network. The opportunities at Illinois Tech made it all worth it.

—Diana Cimino-Cordon (Behavioral Health and Wellness ’16)

Diana works as the coordinator for Greencorps Chicago, a youth program that promotes environmental stewardship of the city’s natural spaces by training and employing Chicago’s youth in horticulture, urban forestry, and bicycle safety and repair. During her senior year at Illinois Tech she interned for Pant Chicago, assisting the local nonprofit in aligning its youth education program to meet Next Generation Science Standards.

STAND OUT.

Our graduates are far from ordinary. But we expect them to be extraordinary.

With a Behavioral Health and Wellness degree from Illinois Tech, you will be prepared to innovate and lead in a variety of fields where relevant skills, scientific thinking, and tech experience will give you an advantage. You’ll also be prepared to study in a wide range of graduate training programs at the master’s and doctoral levels, including health psychology/behavioral medicine, clinical psychology, counseling, rehabilitation psychology, social psychology, public health administration, public policy, social work, nursing, nutrition, epidemiology, and others.

Experience It:
Behavioral Health and Wellness at Illinois Tech

“I started as a biomedical engineering major, but I wanted a major that was tailored to me rather than trying to fit the mold of my major. Sustainability is my passion and where I know I can make the most change in the world, and the more classes I took in Behavioral Health and Wellness, the more I realized it’s where I wanted to be.

At Illinois Tech the professors aren’t conventional. They teach using state-of-the-art course materials, and share their research and experience. My specialization, Nutrition, has amazing professors. In all the classes my professors shared everything they were presenting at research conferences. It was great because I felt like I was part of something new.

Illinois Tech provides students a lot of opportunities to succeed—contests, special programs, research. One of my favorite things about Illinois Tech is the IPRO Program. In IPRO, my team worked with a local school to create a nutrition curriculum that involved incorporating cooking into the math classes. IPRO is an amazing program that gives you experience and exposure to different levels of management, and the opportunity to do real-time, real-world work. You’re not just writing papers about something—you’re doing it.

Attending Illinois Tech was the best decision of my life. I was able to make connections and build a network. The opportunities at Illinois Tech made it all worth it.

—Diana Cimino-Cordon (Behavioral Health and Wellness ’16)

Diana works as the coordinator for Greencorps Chicago, a youth program that promotes environmental stewardship of the city’s natural spaces by training and employing Chicago’s youth in horticulture, urban forestry, and bicycle safety and repair. During her senior year at Illinois Tech she interned for Pant Chicago, assisting the local nonprofit in aligning its youth education program to meet Next Generation Science Standards.